

GIVING EXAMPLES

ONE-TIME GIFTS

These examples demonstrate how one-time donations can make a difference in our community.

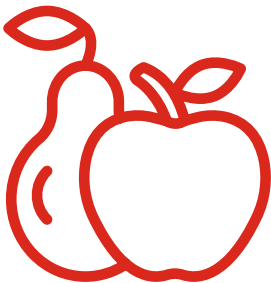
The amounts are based on United Way operated initiatives or funded agencies.

These graphics are ideal for use in newsletters, emails, intranet sites, social media, and posters.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF \$5



can supply fresh fruit for children
at a Head Start program.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$15**



can provide a hygiene care kit for an individual experiencing houselessness.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$30**



can equip a family with essential tools for healthy early childhood development.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$50**



can provide 2 children with the school supplies they need to succeed.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$100**



can provide a school with enough menstrual products to support a student's needs for an entire year, reducing stress and improving well-being.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$250**



can provide half-day community based training that normalizes discussions about mental health for 5 people.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$500**



can provide matched savings to help an individual meet their financial goals.

A ONE-TIME DONATION OF **\$1200**



can provide wrap-around supports for a student at risk of not completing high school.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$2500**



can provide 8 months of trauma counselling
for a woman experiencing sexual
exploitation.



United Way
Alberta Capital Region

A ONE-TIME DONATION OF **\$5000**



can provide one-on-one financial coaching sessions for 20 participants throughout the year.



United Way
Alberta Capital Region

GIVING EXAMPLES

PAYROLL DEDUCTIONS

These examples demonstrate how payroll deduction donations can make a difference in our community

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A BI-WEEKLY DONATION OF \$1



can provide a hygiene care kit for an individual experiencing houselessness.



United Way
Alberta Capital Region

A BI-WEEKLY DONATION OF \$2



can provide 2 children with the school supplies they need to succeed.



United Way
Alberta Capital Region

A BI-WEEKLY DONATION OF \$5



can provide a school with enough menstrual products to support a student's needs for an entire year, reducing stress and improving well-being.



United Way
Alberta Capital Region

A BI-WEEKLY DONATION OF **\$10**



can provide half-day community based training that normalizes discussions about mental health for 5 people.



United Way
Alberta Capital Region

A BI-WEEKLY DONATION OF **\$20**



can provide matched savings to help an individual meet their financial goals.

A BI-WEEKLY DONATION OF **\$50**



can provide wrap-around supports for a student at risk of not completing high school.



United Way
Alberta Capital Region

A BI-WEEKLY DONATION OF **\$100**



can provide 8 months of trauma counselling
for a woman experiencing sexual
exploitation.



United Way
Alberta Capital Region

A BI-WEEKLY DONATION OF **\$200**



can provide one-on-one financial coaching sessions for 20 participants throughout the year.



United Way
Alberta Capital Region

GIVING EXAMPLES

VOLUNTEERS

These examples demonstrate how volunteers can make a difference in our community

The hours are based on United Way operated initiatives.

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United Way
Alberta Capital Region

1 VOLUNTEER CAN HELP



20 kids get the supplies they need for school by spending 1 hour building backpacks for Tools for School.



United Way
Alberta Capital Region

3 VOLUNTEERS CAN HELP



45 families access early childhood development tools by spending 1 hour assembling Kid Kits.



United Way
Alberta Capital Region

5 VOLUNTEERS CAN HELP



100 people experiencing houselessness
by spending 1 hour assembling
Hygiene Care Kits.



United Way
Alberta Capital Region

10 VOLUNTEERS CAN HELP



250 people stay warm by spending
1 hour sorting donations for
Coats for Kids and Families.



United Way
Alberta Capital Region