

Campaign Clip Sheets

This handy clip sheet is ideal for newsletters, adding to internal memos, faxes or posters. These guidelines for giving demonstrate how various amounts can make a difference when using payroll deduction. If you need additional copies, please download them off our website at myUnitedWay.ca.



\$1

Per paycheque = \$26/yr
Based on 26 pay periods/year

Provides a white cane to a child with vision loss.

Healthy People, Strong Communities
myUnitedWay.ca



\$1

Per paycheque = \$26/yr
Based on 26 pay periods/year

Provides one can of formula for infants of families with no income.

From Poverty to Possibility
myUnitedWay.ca



\$2

Per paycheque = \$52/yr
Based on 26 pay periods/year

Provides four quality board books for the literacy skill development of a young child in an at-risk family.

All That Kids Can Be
myUnitedWay.ca



\$5

Per paycheque = \$130/yr
Based on 26 pay periods/year

Provides opportunity for 25 immigrant senior women to attend a therapeutic social activity.

Healthy People, Strong Communities
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\$5

Per paycheque = \$130/yr
Based on 26 pay periods/year

Provides operation of laundry and shower facilities for one month at an inner city drop-in.

From Poverty to Possibility
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\$5

Per paycheque = \$130/yr
Based on 26 pay periods/year

Provides a drink and healthy snack to 48 children during one day of programming.

All That Kids Can Be
myUnitedWay.ca



\$10

Per paycheque = \$260/yr
Based on 26 pay periods/year

Provides two nights in an emergency hotel for a woman and her children fleeing domestic violence.

Healthy People, Strong Communities
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\$10

Per paycheque = \$260/yr
Based on 26 pay periods/year

Provides a two month supply of toiletries for use in an inner city drop-in.

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\$10

Per paycheque = \$260/yr
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Provides six months of craft supplies for an Early Childhood program.

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\$15 Per paycheque = \$390/yr
Based on 26 pay periods/year

Provides emergency clothing for three adults after they are displaced from their home because of a natural disaster.

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\$15 Per paycheque = \$390/yr
Based on 26 pay periods/year

Provides additional life skills training for single mothers who are alone with no support from family.

From Poverty to Possibility
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\$15 Per paycheque = \$390/yr
Based on 26 pay periods/year

Provides presents for 30 children at a mentorship Christmas party.

All That Kids Can Be
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\$20 Per paycheque = \$520/yr
Based on 26 pay periods/year

Provides 32 hours of crisis intervention for people at risk.

Healthy People, Strong Communities
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\$20 Per paycheque = \$520/yr
Based on 26 pay periods/year

Provides 16 hours of nursing services for women's shelters, elder abuse services and the Inner City Foot Care program.

From Poverty to Possibility
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\$20 Per paycheque = \$520/yr
Based on 26 pay periods/year

Provides four consultations to a school or community group seeking information about teen dating violence, child abuse or bullying.

All That Kids Can Be
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\$50 Per paycheque = \$1,300/yr
Based on 26 pay periods/year

Provides support programs for parents of youth with mental health issues.

Healthy People, Strong Communities
myUnitedWay.ca



\$40 Per paycheque = \$1,040/yr
Based on 26 pay periods/year

Provides a one month supply of baby diapers for 14 different families.

From Poverty to Possibility
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\$40 Per paycheque = \$1,040/yr
Based on 26 pay periods/year

Provides lunch for 250 students for one day.

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\$100

Per paycheque = \$2,600/yr
Based on 26 pay periods/year

Provides house and yard work assistance for 80 seniors.

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\$100

Per paycheque = \$2,600/yr
Based on 26 pay periods/year

Provides one year of coffee at an inner city drop-in centre.

From Poverty to Possibility
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\$100

Per paycheque = \$2,600/yr
Based on 26 pay periods/year

Provides basic First Aid training for 600 students.

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**Healthy People,
Strong Communities**

In working for the overall well-being of community members, we're building the positive environments and social capacity for caring, safe neighbourhoods.

myUnitedWay.ca



From Poverty to Possibility

We're helping community members who have low income and those experiencing homelessness to gain financial stability and independence.

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All That Kids Can Be

From the early years to high school completion, we're supporting the full path of development to help children and youth achieve their potential.

myUnitedWay.ca



Understanding the Need

Everyone deserves the opportunity to build a better life.

myUnitedWay.ca



Change Starts Here

Through our collective action, lives can truly be changed.

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Change Takes Action

Working together with agencies, partners and volunteers, we target collective actions to make the most impact in our three focus areas.

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**Change Starts Here...
Change Starts With You**

GIVE - by contributing the important and valuable funds our community needs to make the impact.

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VOLUNTEER - by providing your time and talent in the community where it is greatly needed.

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**Change Starts Here...
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ACT - by sharing your experiences with others and encouraging them to join in building a healthy, strong community.

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